### INFLUENCE OF HALOPERIDOL (R 1625) AND OF HALOPERIDIDE (R 3201) ON AVOIDANCE AND ESCAPE BEHAVIOUR OF TRAINED DOGS IN A "JUMPING BOX"

# BY CARLOS J. E. NIEMEGEERS AND PAUL A. J. JANSSEN

From the Research Laboratorium Dr. C. Janssen, Beerse, Belgium

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The experimental details of a technique for establishing conditioned responses on the basis of escape and avoidance behaviour of dogs in an electrically charged "jumping box" are described. The method is similar to the well-known Warner technique for rats. The influence of two new neuroleptic agents, haloperidol (R 1625) and haloperidide (R 3201), on the behaviour of trained dogs is reported. One and five hours after injection the effects of both compounds are qualitatively and quantitatively indistinguishable. Haloperidol has a longer duration of action. These results are of particular interest in view of the fact that haloperidide is about ten times more active than haloperidol as an antagonist of apomorphine-induced emesis in dogs.

THE literature contains many descriptions of techniques for establishing conditioned responses on the basis of an escape response of the animal as a whole from an electrically charged grill. The first apparatus of this sort—referred to as a "jumping box" in this paper—was described for rats in 1932 by Warner <sup>1,2</sup>. It consists of a box with two compartments separated by a partition. The floor of each compartment is a grill which can be charged electrically. The rat can escape the aversive stimulus (shock) by making the only appropriate "escape response", that is to jump into the other compartment. The rat can also avoid the aversive stimulus by making a conditioned "avoidance response" when presented with a warning signal, for example the sound of a buzzer or bell, a short time before presentation of the shock. Many modifications of this "jumping box" technique are described for rats<sup>1–13</sup>.

The purpose of this paper is to describe the experimental details of a "jumping box" technique for dogs which we have tried to standardise. To illustrate the technique, the effects of two drugs on the behaviour of trained dogs will be described. Both compounds are neuroleptics of the butyrophenone-series and were originally synthesised in this laboratory.



Haloperidol (R 1625):  $\mathbf{R} = \mathbf{OH}$ ;  $\mathbf{R'} = p$ -Cl

Haloperidide (R 3201): 
$$R = CON$$
;  $R' = m-Cl$ 

Pharmacological and clinical properties of haloperidol have been described by many authors<sup>14-55</sup>. The pharmacology of haloperidide will be described in detail in subsequent papers from this laboratory. One point of particular interest in connection with this study is the extremely high activity of haloperidol and of haloperidide as antagonists of apomorphine-induced emesis in dogs. One to eight hours after subcutaneous injection we find haloperidide (ED50 = 0.0025 mg./kg. s.c.) about 10 times more active than haloperidol (ED50 = 0.025 mg./kg. s.c.) in this test<sup>35,37,47</sup>.

### METHOD

Subjects. Eight adult male mongrel dogs of unknown age were the subjects. They had initial weights in kg. (dog 1: 12.5; 2: 13.2; 3: 10.8; 4: 8.5; 5: 10.9; 6: 8.2; 7: 9.7; 8: 11.2).

Administration of the drugs. Aqueous solutions of haloperidol and of haloperidide were prepared for subcutaneous injection of 0.5 ml./kg. weight. Each dog received at random, using an  $8 \times 8$  latin square design, all eight of the following doses at weekly intervals:

Apparatus (jumping box). The cage, Figure 1, consists of a steel frame, 2 m. long, 1 m. wide and 1 m. high, made of L-shaped steel. The bottom is made of  $\frac{3}{4}$  in. thick wood. The top is covered with 2 cm. square galvanised wire gauze, the walls are made of  $\frac{1}{8}$  in. thick asbestos cement



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sheets. Both ends of the cage can be opened and are used as doors. They are covered with asbestos cement and provided with hinges and bolts. The floor consists of a grate made of 8 mm. iron bars, electrically isolated in two groups dividing the cage in two compartments (A and B), alternatively being connected to the shock source.

In the middle of the cage, separating the two compartments a perspex wall of 50 cm. wide and  $\frac{1}{8}$  in. thick, bars half of the transit from one compartment into the other. The free half shows a smaller wall or hurdle of about 20 cm. high of the same material, which the animal must jump over to reach the other compartment.

By means of a variac (1 k. VA.) a voltage of  $\pm$ 30-50 V., a.c. at 50 c.p.s. is given to the floor grid of one compartment. This voltage may be



switched off by the two-way signal switch to connect the signal bell (5 V., with step-down transformer). During the signal period a second twoway switch makes it possible to electrify the second compartment. By switching back the signal switch to shock-position, the shock-voltage will be connected to the first compartment (Fig. 2).

Description of one cycle. Avoidance conditioning in dogs was progressively achieved by subjecting the animals twice a day, except Saturday and Sunday, at 5-hour intervals to a series of 10 cycles of conditions. Each cycle, Figure 3, has a duration of 1 minute ( $T_3$ ) and consists of periods  $T_1$  (1 to 15 seconds) and  $T_2$  (59 to 45 seconds).

The dog is placed on the unelectrified grid floor of compartment A of the box.

(a) Warning stimulus: a bell  $(S_1)$  is rung for a maximum of 15 seconds  $(T_1)$  or until the animal jumps from compartment A into B. If jumping occurs during the 15 second period  $(T_1)$  it stops the bell and is defined as an "avoidance response"  $(R_1)$ . During the  $T_1$  period both compartments of the box are current-free.

(b) Aversive stimulus: if the animal does not leave its compartment during the signal period  $S_1$ , a continuous electric shock  $(S_2)$  is delivered during a period  $T_2$  with a maximal duration of 45 seconds. The  $T_2$  period can be terminated by an "escape response".

(c) "Silence stimulus"  $(S_3)$ , that is, absence of  $S_1$  or  $S_2$ . A new response occuring during the same cycle under S<sub>3</sub> is stimulated by shock, necessitating another escape response, and defined as a "paradoxal response" ( $R_3$ ).  $R_3$  may obviously occur after  $R_2$  during the same cycle.

A series of 10 cycles of 10 minutes' total duration is defined as a session.

Training period. During the training period the eight dogs were subjected daily to a morning and afternoon session, with 5 hours in between, except on Saturdays and Sundays. Except for the first day of the training period, the observer did not actively interfere with the behaviour of the dogs. Training was continued until 20 out of 20 avoidance responses  $(\mathbf{R}_1)$  were observed on a given day. Such an animal was considered to be "adequately" trained.

Design of the experiment. The eight "adequately" trained dogs were subjected to two daily sessions 5 days a week for 8 weeks.

		Sess	sions	Hours befatter (+)	ore (—) or injection
		a.m.	p.m.	a.m.	p.m.
Monday		 4	-3	48	-43
Tuesday	• •	 -2	-1	-24	-19
Wednesday		 1	2	+1	+5
Thursday	• •	 3	4	+25	+30
Friday		 5	6	+49	+54

On Wednesday morning each animal was given a subcutaneous dose of haloperidol  $(x_1 \text{ to } x_4)$  or of haloperidide  $(y_1 \text{ to } y_4)$  as described above. At the end of the 8 weeks each dog had received all doses of both compounds in a random order.



- = warning stimulus (bell).
- = duration of  $S_1$  (1 to 15 seconds). = aversive stimulus (shocks).
- = duration of  $S_2$  (1 to 45 seconds).
- = "silence" stimulus with a duration of 0 to 59 seconds.
- = 60 seconds, i.e., the period with which these conditions recycle.
   = "response", i.e., jumping from one compartment to the other.
- $R_1 = R$  occurring under  $S_1$  (avoidance response).  $R_2 = R$  occurring under  $S_2$  (escape response).  $R_3 = R$  occurring under  $S_3$  (paradoxal response).

FIG. 3. Symbolisation of one cycle (ref. 56).

# **RESULTS AND DISCUSSION**

#### 1. Training Period

The relevant data concerning the behaviour of the eight dogs during the training period are summarised in Tables I, II and III.

All dogs were trained for 8 or more days. A minimum of 5 and a maximum of 11 days was required for adequate training.

Table I shows the significance of the criteria  $\overline{T}_1$ ,  $\overline{T}_2$ ,  $fR_2$  and  $fR_3$  to decrease as a function of time.  $\overline{T}_1$  reaches a lower limit of roughly 3 seconds after about 2 weeks of training, whereas  $\overline{T}_2$ ,  $fR_2$  and  $fR_3$  approaches zero.

It is obviously easier for a dog to learn how to avoid aversive stimulation in situation  $S_1$  (bell) than in situation  $S_3$  (silence). Escape or avoidance responses were observed in all trials throughout the training period.

TABLE I	
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TRAINING PERIOD (8 DAYS): DAILY VALUES FOR THE 8 DOGS (20 CYCLES PER DAY)

d	$\overline{T}_1 \bullet$	T <sub>2</sub>	fR2	f <b>R</b> ₃†	fR
1	8.6	1.5	5.8	4.0	160
2	6.5	0.41	3-1	5.8	160
3	5.8	0.44	2.4	3.9	160
4	5.2	0.15	1.1	4.0	160
5	4.6	0.06	0.38	0.88	160
6	4.3	0.09	0.50	1.4	160
7	3.8	0.02	0.25	0.63	160
8	3.4	0.07	0.25	0.63	160

\*  $\overline{T}_1$ : mean duration of  $T_1$  per cycle (max. 15 seconds).

 $\overline{T}_3$ : mean duration of  $T_3$  per cycle (max. 45 seconds).

fR<sub>2</sub>: mean frequency of R<sub>2</sub> per 20 cycles (max. 20).

 $fR_3$ : mean frequency of  $R_3$  per 20 cycles (max. 20).

 $\dagger$  Frequency computed on the basis of a simple alternative criterion: response or no response in a given cycle. It should be noted, however, that several responses  $R_3$  per cycle were sometimes observed.

Table II summarises relevant data on the individual characteristics of the behaviour of each dog during the 8 days.

On the basis of these data the following alternative criteria are proposed for the purpose of classifying the eight dogs in four categories A, B, C and D:

(1) "slow dog":  $\overline{T}_1 > 5$  seconds.

(2) "quick dog":  $\overline{T}_1 < 5$  seconds.

- (3)  $fR_3/fR_2 < 1$ .
- (4)  $fR_3/fR_2 > 1$ .

Hence

	1	$fR_3/fR_2$
	<1	>1
$\overline{T}_1 \begin{cases} slow \\ quick \end{cases}$	Dog 7 (A) Dog 5 (C)	Dogs 1, 2, 3, (B) Dogs 4, 6, 8, (D)

For the six dogs of categories B and D we found a highly significant positive correlation between  $\overline{T}_1$  and  $\overline{T}_2$  ( $\overline{T}_2 = 0.19$ , 0.19 and 0.45 for category B and  $T_2 = 0.01$ , 0.06 and 0.06 for category D). Dogs No. 5 and 7, however, making relatively less paradoxal responses ( $R_3$ ), are characterised by high values of  $\overline{T}_2$  (0.81 and 0.82).

Table III shows that there is no striking correlation between the frequency of R<sub>2</sub> and of the nth cycle, the probability of occurrence varying from 6 to 17/128 per cycle. Paradoxal responses, however, occur most frequently (P < 0.05) during the first cycles of a given session. No significant correlation was found between body weight and any of these training period data.

Pre-injection period. Throughout the eight experimental weeks all eight dogs were subjected to two daily sessions of 10 cycles each on both

TRAI	INING	PERI	OD (8 E	AYS): M	EAN VAL	UES FOR	EACH DO	G (160	CYCLES	PER DOG)
						Dog	No.			
		1	1	2	3	4	5	6	7	8
Τ₁* Τ,			6.5 (2) 0.45	6·2 (3) 0·19	5·7 (4) 0·19	4·1 (6) 0·01	4·5 (5) 0·81	3·4 (8) 0·06	7·4 (1) 0·82	3·9 (7) 0·06

(4<u>1</u>) 14

(4) 26

(3) 40

(8)

(8) 16

(6) 18

(8) 8-0

a

(2) 11

(5) 8 (8) 19

(7)

(6<del>1</del>) 7

(6) 17 (5) 24

(6) 2.4

(3)

(1) 34

(1) 14

(7)48

(3) 0·41

(6<u>1</u>) 6

TABLE II

 $\overline{T}_{2}$ : mean duration of  $T_{2}$  per cycle (max. 45 seconds). fR<sub>2</sub>: total frequency of R<sub>2</sub> (max. 160). fR<sub>3</sub>: total frequency of R<sub>3</sub> (max. 160).

(4<del>1</del>) 19

(2) 32 (2) 51

(2) 1.7

(3) 17

(3) 35 (1) 52

(ī)

fR:

fR.

 $fR_2 + fR_3$ 

fR<sub>3</sub>/fR<sub>2</sub> ...

TABLE III

TRAINING PERIOD (8 DAYS) TOTAL FREQUENCY OF  $R_2$  (f $R_2$ ) and of  $R_3$  (f $R_3$ ) for the 8 DOGS (MAXIMUM FREQUENCY: 8 DOGS  $\times$  8 DAYS  $\times$  2 SESSIONS = 128)

			Rank	ing of
n*	fR,	f <b>R</b> s	fR <sub>2</sub>	fR <sub>3</sub>
1 2 3 4 5 6 7 8 9 10	7 17 13 8 6 13 14 53 9 11 110/1280	$ \begin{array}{c} 26\\23\\21\\109\\19\\14\\12\\16\\5\\5\\\hline\\171/1280\end{array} $	9 5 1 3 2 7 6	1 2 3 4 5 8 9 6 7 10

\* n = the *n* th cycle of a session.

pre-injection days, i.e., on Monday and on Tuesday. Only two "errors" (of type  $R_3$ ) occurred in these 2,560 (8 dogs  $\times$  8 weeks  $\times$  2 days  $\times$ 20 cycles) cycles, showing that all subjects were "adequately" trained.

Table IV summarises the most important data pertaining to the behaviour of the dogs during the pre-injection period. Obviously  $\overline{T}_1$  is not correlated with a particular week, showing the absence of significant after-effects of previous doses. Neither are the  $\overline{T}_1$ -values correlated with the sessions, the reaction time remaining about the same throughout.

There are no significant differences between morning and afternoon experiments as far as  $\overline{T}_1$  is concerned.

Surprisingly, we found no correlation of the average reaction time per dog for the training period and for the pre-injection days as shown by the following rankings of  $\overline{T}_1$ :

Dog	Training period	Pre-injection days
1	6.5 (2)	1.9 (6)
2	6.2 (3)	3.6 (3)
3	5.7 (4)	1.8 (7)
4	4.1 (6)	4.1 (1)
5	4.5 (5)	3.7 (2)
6	3.4 (8)	1.6 (8)
7	7.4 (1)	3.2 (4)
8	3.9 (7)	3.0 (5)

The effects of haloperidol and of haloperidide. All eight dogs were treated at random and at weekly intervals with eight different doses, as described. The effects of each dose were measured at six time intervals

TABLE IV

PRE-INJECTION DAYS Ŧ,  $\overline{T}_1$ Ŧ, Cycle Week Dog a.m. р.т. 2.7 3.1 2.7 2.9 2.8 3.1 3.0 2.9 2.9 12345678 1234567 1.9 (6) (3) (7) (1) (2) (8) 2.8 3.3 3.2 3.2 3.3 3.3 3.3 2.8 123456789 3.6 1.8 3·1 3·3 4·1 3·7 1·6 3.4 3·4 3·4 3.3 3.3 3.3 8 3.0 3.1 3·3 3·2 average average 3.2 10 3.1 average ž.9

after injection. A total of 1920 post-injection cycles (8 dogs  $\times$  4 doses  $\times$  6 sessions  $\times$  10 cycles) are therefore available for each drug. The frequency of the various types of responses was computed as follows:

		fR	fR <sub>1</sub>	fR <sub>2</sub>	fR <sub>3</sub>	Maximum
Haloperidol		1726	1557	69	14	1920
Haloperidide		1786	1719	67	9	1920
Total	• •	3512	3276	136	23	3840

The animals failed to respond 194 times after haloperidol and 134 times after haloperidide. Avoidance responses were observed more frequently after haloperidide ( $fR_1 = 1719$ ) than after haloperidol (1557). The frequency of escape responses ( $fR_2$ ) and paradoxal responses ( $fR_3$ ) after haloperidol was also slightly greater. On the basis of these figures, haloperidol seems to be somewhat more active than haloperidide.

This difference in activity, however, is mainly due to the longer duration of action of haloperidol (Table V). One and 5 hours after injection both substances are about equi-active. The second day, however, haloperidol

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is still strikingly active and haloperidide much less so. The two lower dose levels of both compounds (0.005 and 0.02 mg./kg.) have no influence on escape behaviour. They do produce, however, a slight but significant

		1st day	2nd day	3rd day	
	Dose*	a.m. p.m.	a.m. p.m.	a.m. p.m.	Maximum
T <sub>1</sub>	$ \begin{array}{c} x_{1} \\ x_{2} \\ x_{3} \\ \Sigma_{4} \\ \Sigma_{7} \\ y_{1} \\ y_{2} \\ y_{3} \\ y_{4} \\ \Sigma_{7} \\ y_{5} \end{array} $	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	15 15 15 15 15 15 15 15 15 15 15
T,	$ \begin{array}{c} x_{1} \\ x_{2} \\ x_{3} \\ x_{4} \\ \sum x \\ y_{1} \\ y_{2} \\ y_{3} \\ y_{4} \\ \sum y \end{array} $	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	10·3 11·8 2·8 		45 45 45 45 45 45 45 45 45 45 45 45
fR	$ \begin{array}{c} x_{1} \\ x_{2} \\ x_{3} \\ x_{4} \\ \sum X \\ y_{1} \\ y_{2} \\ y_{3} \\ y_{4} \\ \sum y \end{array} $	80         80           80         80           50         52           33         29           484         80           80         80           60         53           38         35           506         50	80         80           80         80           80         80           62         60           602         80           80         80           80         80           80         80           80         80           80         80           80         80	80         80           80         80           80         80           640         80           80         80           80         80           80         80           80         80           80         80           80         80           80         80           80         80	80 80 80 640 80 80 80 80 80 80 640
fR <sub>1</sub>	$\Sigma x \Sigma y$	432 439	485 640	640 640	640 640
fR,	$\begin{array}{c} x_1 \\ x_2 \\ x_3 \\ x_4 \\ \Sigma \\ x \\ y_1 \\ y_2 \\ y_3 \\ y_4 \\ \Sigma \\ y \end{array}$	$\begin{array}{c ccccc} - & - & - & - & - & - & - & - & - & - $	4 13 4 17 		80 80 80 640 80 80 80 80 80 80 640
fR <sub>3</sub>	$\begin{array}{c} x_1 \\ x_3 \\ x_4 \\ \sum x \\ y_1 \\ y_2 \\ y_3 \\ x_4 \\ \sum y \end{array}$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$		80 80 80 80 640 80 80 80 80 80 640

### TABLE V

EFFECTS OF HALOPERIDOL AND OF HALOPERIDIDE AT VARIOUS INTERVALS AFTER INJECTION (SEC.)

• See text for details.

increase of the reaction time of the avoidance response as well as a few paradoxal responses. After injection of 0.08 mg./kg. of both drugs these same effects were much more pronounced and significant inhibition of escape behaviour was observed with both drugs up to 5 hours after dosage.

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The highest dose (0.31 mg./kg.) produced essentially similar effects. The duration of action of this dose is clearly more prolonged. The frequency of the paradoxal responses  $(fR_3)$ , however, was significantly lower (Table V). As shown in Table VI we find considerable variation among dogs during the post-injection period. On the basis of different individual total frequencies of avoidance  $(fR_2)$  and escape-loss (480-fR) the eight dogs may be classified in four categories (A to D).

	f <b>R</b> <sub>2</sub>	480-f R	Dogs
Α	normal	high	No. 7
В	normal	normal	No. 2, 5, 6, 8
С	normal	low	No. 1, 3
D	high	low	No. 4

There is no significant relation between the behaviour of the animals during the training period and their sensitivity to haloperidol and haloperidide. We found furthermore no correlation between the frequency

TABLE VI INDIVIDUAL FREQUENCIES OF THE VARIOUS TYPES OF RESPONSE  $(R, R_1, R_2, AND, R_3)$ AFTER INJECTION (COMBINED DATA PER DOG FOR ALL EIGHT DOSES AND ALL SIX SESSIONS AFTER INJECTION)

Dog No.	fR	fR <sub>1</sub>	fR,	fR3
1	463 (7)	459 (7)	4 (8)	3 (4)
2	438 (5)	421 (6)	17 (4)	$2(5\frac{1}{2})$
3	479 (8)	466 (8)	13 (5)	1 (7)
4	457 (6)	411 (34)	46 (1)	2 (54)
5	428 (3)	409 (2)	19 (2)	6(1)
6	429 (4)	411 (34)	18 (3)	(8) 0
7	389 (1)	381 (1)	8 (7)	4 (3)
8	424 (2)	412 (5)	12 (6)	5 (2)
Max.*	480	480	480	480
Total	3507	3370	137	23

• 1 dog  $\times$  8 doses  $\times$  6 sessions  $\times$  10 cycles = 480,

of paradoxal responses  $(fR_3)$  observed during the training- and the postinjection periods (Tables II and VI) or between the individual sensitivity of the animals to the drugs and their average reaction times  $(T_1)$  during the pre-injection days (Table IV).

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